



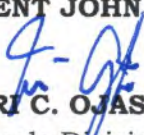
Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
SCHOOLS DIVISION OF NEGROS ORIENTAL

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**Office of the Schools Division Superintendent**

DIVISION MEMORANDUM  
SGOD-2023- 454

TO: **FELIX III D. MOSQUEDA, RN** – Nurse II/Nurse-in-Charge  
**FARRENN LEIGH Y. HABABAG, RN** – Nurse II  
**MARYDEL C. CADIENTE, RN** – Nurse II  
**GWYNNE STACY T. MONCIDA, RN** – Nurse II  
**KATHLEEN JOY UY-JUNTILLA, RN** – Nurse II  
**BRENT JOHN D. TRASMONTE, RN** – Nurse II

FROM:   
**NERI C. OJASTRO EdD, CESE**  
Schools Division Superintendent  
11/20/23

SUBJECT: **CONDUCT OF CAMPUS-WIDE LECTURE ON MANAGING STRESS  
AND ADDRESSING MENTAL HEALTH TRIGGERS**

Date: **November 20, 2023**

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1. This office informs the select school health personnel to conduct **Lecture on Managing Stress and Addressing Mental Health Triggers** to **ALL LEARNERS** of **ZAMBOANGUITA SCIENCE HIGH SCHOOL**, Zamboanguita District 2 on **November 21, 2023**.
2. This activity shall be done per classroom to continue adherence in ensuring that classes are not disrupted and in compliance with DepEd Order No. 9 s. 2003 titled “Instituting Measures to Increase Engaged Time-On Task and Ensuring Compliance Therewith”.
3. The travelling and other expenses shall be charged against the Division/School MOOE, all subject to the usual government accounting and auditing rules and regulations.
4. This serves as your **AUTHORITY TO TRAVEL**.
5. Widest dissemination and compliance of this Memorandum are desired.

NCO/JMA-MKP/SGOD/RBA/KLBC/fyhababag ✓  


21 NOV 2023



Address: Kagawasan Avenue, Capitol Area, Daro, Dumaguete City  
Telephone Nos.: (035) 225-2838 / 225-2376 / 422-7644

 Ed TAYO SDO Negros Oriental

 ros.oriental@deped.gov.ph

