



Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
Schools Division of negros oriental

**Office of the Schools Division  
Superintendent**

MEMORANDUM

MLA-2023-21

TO : Assistant Schools Division Superintendents  
Division Chiefs  
Education Program Supervisors/Division Coordinators  
Section Heads  
Division Personnel  
All Others Concerned

By Authority of the Schools Division Superintendent

FROM : **MARCELO K. PALISPIS, EdD, JD**  
OIC-Asst. Schools Division Superintendent  
**Office In-Charge**

SUBJECT : **DIVISION HEALTH AND WELLNESS PROGRAM - ZUMBA**

DATE : February 15, 2023

1. Pursuant to **Civil Service Commission Memorandum Circular No.8 s. 2011: Reiteration of the Physical Fitness Program - Great Filipino Workout** “designed to develop healthy and wholesome workplace, thus, the Curriculum Implementation Division in cooperation with the Health and Nutrition Section initiates a ZUMBA - Division Health and Wellness Program every Wednesday and Friday from 4:00 to 5:00 P.M. at the Division Conference Hall, 3<sup>rd</sup> Floor, Division of Negros Oriental.
2. The Zumba will start on February 22, 2023. All Division Personnel are encouraged to join and are required to wear their physical fitness outfit.
3. For the information and compliance of all concerned.

SPP/MKP-JMA-NLR/SOOD/RBP/dpa  
February 15, 2023



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