



Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
SCHOOLS DIVISION OF NEGROS ORIENTAL

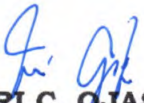
Office of the Schools Division  
Superintendent

26 MAY 2023

MEMORANDUM

MLA-2023- 360

TO : **Mrs. Epifania Q. Cuevas**  
District In-Charge-NOHS

FROM :   
**NERI C. OJASTRO EdD, CESE**  
Schools Division Superintendent  
5/26/23

SUBJECT : **SYMPOSIUM ON MENSTRUAL HYGIENE**

DATE : May 26, 2022

1. This has reference to the communication you sent to this Office regarding the invitation from Red Cross Negros Oriental Chapter for the twenty-eight students (hereto attached) and JHS RCY Adviser, Mrs. Jean Anna Rose T. Culdora to attend the **Symposium on Menstrual Hygiene** at Silliman University AVT 1, on Saturday May 27, 2023 at 2:00 pm.
2. As per recommendation by your Office and the adviser concerned, this Office holds no objection on the said request, provided that parent's consent of the participating students will be sought before the conduct of this activity.
3. Travel and other incidental expenses relative to this activity shall be charged to personal funds.

NCO/MKP-JMA-NLR/SGOD/RBP  
May 36, 2023



Address: Kagawasan Avenue, Capitol Area, Daro, Dumaguete City  
Telephone Nos.: (035)225-2838 / 225-0667 / 422-7644  
Email Address: negros.oriental@deped.gov.ph

**MAY 25, 2023**

**EPIFANIA Q. CUEVAS  
PRINCIPAL II  
NEGROS ORIENTAL HIGH SCHOOL**

Good day!

The Red Cross Negros Oriental Chapter will be celebrating **"Menstrual Hygiene Month"** this month of May. In line with this, they are inviting the NOHS Red Cross Youth Members to join this Saturday, May 27, 2023, 2:00 PM at Silliman University AVT 1 for the symposium with Dr John Kevin C. Giangan.

The following RCY members are willing to join the said event:

1. Samantha Calongo
2. Emerinrose Calibo
3. Marianne Manlawe Casal
4. Sophia Divinagracia
5. Dannah Devibar
6. Ivory Ambrona
7. Joy Balangitao
8. Ram Nestor Maldan
9. Dannica jane banagodoss
10. KC Ross Catibud
11. Miles Kassandra Ramos
12. Breht Somoza
13. Althea Zaldarriaga
14. Nicole Verano
15. Khody Embalsado
16. Alexi Diputado
17. Yesha Lizette Ampoloquio
18. Fraulien Calingacion
19. Mica Luang
20. Jhanne Andhrey Calbog
21. Jashmine Duran
22. Kim Pionela
23. Mary Rujineth M. Ambrona
24. Jeanne Beatriz Madarimot
25. Ashley B. Narvaez
26. Vensam Troy S Demegillo
27. Rea Reza Mae A. Baldado
28. Visperlynd Ilano

Rest assured that these members have their parent's consent before attending the event and they will be chaperoned by the JHS RCY Adviser, Mrs. Jean Anna Rose T. Culdora.

Thank you very much for allowing us to join and be able to let the RCY members enhanced their knowledge and skills in relation to the many RED CROSS YOUTH activities and advocacies. God bless, and more power!

Yours in the academe,

**JEAN ANNA ROSE T. CULDORA**  
JHS RCY ADVISER

Received 05-25-2023

*Epifania Q. Cuevas*  
EPIFANIA Q. CUEVAS  
SP-11 / PIC

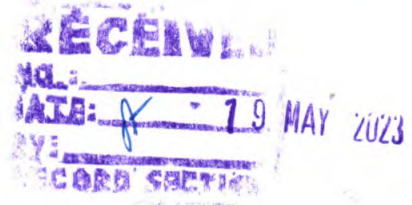


# PHILIPPINE RED CROSS

Negros Oriental Chapter

May 17, 2023

**NERI C. OJASTRO, EDD, CESE**  
Schools Division Superintendent  
Schools Division of Negros Oriental



**ATTN: EPIFANIA Q. CUEVAS**  
Principal II/District in Charge  
Negros Oriental High School

Dear Dr. Ojastro,

Greetings in the name of humanity!

The Philippine Red Cross (PRC) is a humanitarian organization committed to provide quality life-saving services that protect the life and dignity especially of indigent Filipinos in vulnerable situations.

As part of our commitment to alleviate human suffering and uplift the dignity of the most vulnerable, we take part in championing menstrual hygiene promotion. Annually, on the 28<sup>th</sup> of May, we observe Menstrual Hygiene Day (MH Day), which is a global advocacy platform to promote good menstrual health and hygiene. The Philippine Red Cross-Negros Oriental Chapter will take part in this observance by organizing a **symposium on menstrual hygiene**, with the theme: “#WeAreCommitted to create a world where no one is held back because they menstruate”. This will take place on **May 27 (Saturday), 02:00 PM**, at the **Audiovisual Theater of Silliman University**.

In line with this, we would like to invite the Red Cross Youth members of Negros Oriental High School to attend this event. Their participation will spread awareness on the challenges towards achieving menstrual equity and the steps that we can take to overcome them.

We are hoping for your positive response to our invitation. Should you have questions or concerns, please do not hesitate to reach out to Junefred Icalina, focal person for Water, Sanitation, and Hygiene (WASH) Unit, at 09157803781 or [negros.oriental@redcross.org.ph](mailto:negros.oriental@redcross.org.ph).

Thank you very much for your continued support to the Red Cross Youth!

Sincerely,

  
**MICHELLE C. MAQUILING, RMT**  
Chapter Administrator  
Philippine Red Cross-Negros Oriental Chapter

Received : 05-22-2023  
EPIFANIA Q. CUEVAS  
PRINCIPAL II/DIC