



Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
SCHOOLS DIVISION OF NEGROS ORIENTAL

**Office of the Schools Division Superintendent**

DIVISION MEMORANDUM

No. **794**, s. 2023

06 NOV 2023

**2023 NATIONAL PHYSICAL EDUCATION CONVENTION**

To: Assistant Schools Division Superintendents  
Chief, CID and SGOD  
Education Program Supervisors  
Public Schools District Supervisors  
Elementary and Secondary School Heads  
All Others Concerned

1. This is to disseminate the Regional Memorandum No. 802 s. 2023 titled “2023 National Physical Education Convention” on their upcoming activity on December 16- 18, 2023 at De La Salle Santiago Zobel School, Muntinlupa City with the theme: “Taking the Next Big Leap: Community Synergy for the Future of Philippine Physical Education”.
2. Participants in this convention are subject to the discretion and approval of the Schools Division Superintendent, and to the provisions of DECS Order No. 28, s 2001 entitled “Prohibiting the Commercialization of DECS organization through endorsements and Accreditation of Goods and Services” and DepEd Order No. 9 s. 2005 entitled “Instituting Measures to Increase Engaged Time-On-Task and all other existing policies , regulations and ensuring compliance therewith..
3. For more details, refer to the attached enclosure.
4. Wide dissemination of this Memorandum is desired.

  
**NERI C. OJASTRO CESE, EdD**  
Schools Division Superintendent  
Office of the Schools Division Superintendent

SPP/JMA-MKP-NLR/CID/NLR/dpa  
November 6, 2023



Kagawasan Avenue, Capitol Area, Daro, Dumaguete City, Negros Oriental  
(035) 225-2838 / 225-2376 / 422-7644  
negros.oriental@deped.gov.ph

 DepEd Tayo SDO Negros Oriental

 [www.depednegor.net](http://www.depednegor.net)



Republic of the Philippines  
**Department of Education**  
REGION VII - CENTRAL VISAYAS

Office of the Regional Director

27 OCT 2023


**REGIONAL MEMORANDUM**

No. 802 s. 2023

**2023 NATIONAL PHYSICAL EDUCATION CONVENTION**

To: Schools Division Superintendents  
Assistant Schools Division Superintendents  
All Others Concerned

1. This Office, through the Curriculum and Learning Management Division, disseminates the communication received from the 1PhysEd.Ph informing the field on their upcoming activity, the 2023 National Physical Education Convention with the theme, "Taking the Next Big Leap: Community Synergy for the Future of Philippine Physical Education" on December 16-18, 2023 at De La Salle Santiago Zobel School, Muntinlupa City.
2. Participation of the schools in this convention is subject to the discretion and approval of the Schools Division Superintendents, and to the provisions of DECS Order No. 28, s. 2001 entitled "Prohibiting the Commercialization of DECS organization through endorsements and Accreditation of Goods and Services", and DepEd Order No.9, s. 2005 entitled "Instituting Measures to Increase Engaged Time-On-Task" and all other existing DepEd policies, regulations, and ensuring compliance therewith.
3. For details, please see attached enclosure.
4. Immediate dissemination of, and compliance with this Memorandum are directed.

  
**SALUSTIANO T. JIMENEZ JD, EdD, CESO V**  
Director IV  
Regional Director

STJ/FYA/CLMD/MJCD/jpo







1PhysEd.Ph  
The Limits. Go Beyond.

# 1PhysEd.Ph Training and Development Services

DTI Registration No: 1921721 PRC Accreditation No: PTR-2021-344



RS 2023- 25792 Chud

Date: October 16, 2023

To: Dr. Salustiano T. Jimenez, Director IV, CESO III  
DepEd Regional Director - Region VII

Re: Request for Issuance of DepEd Advisory

10/16/2023

J T. um

Dear Dr. Jimenez:

Greetings!

1PhysEd.Ph is a professional training and development service provider with DTI registration number 1921721, BIR registration number 276-646-795-0000, and PRC Accreditation Number PTR 2021 - 344. We are geared towards honing, inspiring, and innovating morally upright Physical Education teachers to be equipped with the necessary, up-to-date, and relevant competencies to deliver world-class programs.

As part of our commitment to provide relevant and meaningful opportunities, we will be organizing the 2023 National Physical Education Convention with the theme, *"Taking the Next Big Leap: Community Synergy for the Future of Philippine Physical Education."* This will be held on December 16-18, 2023 at De La Salle Santiago Zobel School, Muntinlupa City.

This annual convention intends to provide a clear perspective of the vital role of Physical Education teachers in facilitating effective and meaningful sports and PE programs as primary contributors to bringing fitness and wellness to learners. This will help PE teachers as classroom influencers to create and make an impact for students to value their participation in regular physical activities through various mediums. Furthermore, the convention's activities aim to improve PE teachers' competence by providing them with sessions that will address current and relevant issues and concerns in the Philippine Physical Education Community. A day will be allocated for a workshop training of the new **K-10 DepEd Matatag Physical Education and Health Curriculum**, Senior High School Health Optimizing Physical Education (H.O.P.E.) Curriculum, Special Program for Sports and Tertiary Service PE Physical Activity Towards Fitness and Health (PATHFIT). The workshop will provide an opportunity for the participants to strengthen their familiarity and competencies in implementing the curriculum. Lastly, the convention's overall goal is to bring together many teachers, researchers, and scholars to discuss and share their experiences and research-based findings in all areas of Physical Education and Sports. It will also serve as a premier interdisciplinary forum for academics, practitioners, and educators to present and discuss the most recent advances, trends, concerns, practical difficulties encountered, and solutions implemented in interdisciplinary research.

In light of this, may we humbly request from your office an issuance of advisory that will inform the field of the activity to help achieve our goals for our PEH teachers.



<https://www.1physedph.com/>



<https://instagram.com/1physed.ph>





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**1PhysEd.Ph**  
The Limits Go Beyond

Thank you and we look forward to receiving your favorable response.

Yours truly,

Mr. Paulo O. Labastida  
Certification and Prof. Development Manager  
1PhysEd.Ph

Noted By:

Coach Jay-R L. Beterbo  
Founder/Program Director  
1PhysEd.Ph



<https://www.1physedph.com/>



<https://instagram.com/1physed.ph>



# 2023

## NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

# DECEMBER 16-18, 2023



De La Salle Santiago Zobel School,  
Muntinlupa City, Philippines





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

**Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education**

## **OPENING PROGRAM**

### **Prayer and National Anthem**

AVP

### **Welcome Address**

Br. Bernard Oca, FSC

President, De La Salle Santiago Zobel School

### **Live Performance**

DLSZ Strings, DLSZ Band, & DLSZ Choir

### **Inspirational Message**

Mr. Jay-R Leana Beterbo -

1PhysEd.Ph, Founder and Program Director

### **Live Performance**

DLSZ Rondalla, DLSZ Lunting Dagitab





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

## KEYNOTE PANEL DISCUSSION

### **1PhysEd.Ph Talks**

**Atty. Alberto C. Agra**

President, Pilipinas Obstacle Sports Federation

**Prof. Stella Marie M. Urbiztondo, PhD**

Asst. Professor, University of Asia and the Pacific;  
CHED Technical Committee Member in PE, Sports  
and Wellness Management

**Ms. Geraldine G. Bernardo**

Founder, Sports Management Council of the Philippines

**Marisol B. Mabazza**

Supervising Education Program Specialist





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

**Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education**

**DAY 1: DECEMBER 16, 2023**

10:30 AM - 12:00 NN

1:15 PM - 4:45 PM

Learning Breakout Session A:

**DepEd Matatag Curriculum PE and Health Workshop**

Prof. Lordiño Vergara, DPd

Philippine Normal University

Learning Breakout Session B:

**Health Optimizing Physical Education Workshop**

Mr. Joshua Ben Villareal, MSHMS

De La Salle Santiago Zobel School

Learning Breakout Session C:

**Physical Activity Towards Fitness Workshop**

Prof. Jo-ann Grecia, MSHMS

University of the East

Learning Breakout Session D:

**SHS PE and Sport Track Workshop**

Asst. Prof. Raymond M. Anselmo, LPT, PhD

University of Sto. Tomas

Learning Breakout Session E:

**Special Program for Sports**

Mr. Harold Diaz Espiritu, LPT

DepEd





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

**DAY 2: DECEMBER 17, 2023**  
8:30 AM - 10:15 AM

Learning Breakout Session A:

**Rope Flow Workshop**

Rope Flow Philippines

Learning Breakout Session B:

**Pickleball Workshop**

Professional Pickleball Association of the Philippines

Learning Breakout Session C:

**Aquathlon Workshop**

Coach Noel Salvador

De La Salle Zobel





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Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

**DAY 2: DECEMBER 17, 2023**  
8:30 AM - 10:15 AM

Learning Breakout Session D:

**Judo Workshop**

Coach Samson Bernales

De La Salle University/Zobel

Learning Breakout Session E:

**Activity: Throwing Workshop**

5 Throws for All

Learning Breakout Session F:

**Touch Rugby for Physical Education**

Coach Cholo Majabague





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

**DAY 2: DECEMBER 17, 2023**

10:30 AM - 12:15 PM

Learning Breakout Session A:

**Aerobic Gymnastics Workshop**

Prof. Rizaldy Hofileña, PhD

University of the Philippines Manila

Learning Breakout Session B:

**Drone Race Experience**

De La Salle Zobel Robotics

Learning Breakout Session C:

**Obstacle Sports Workshop**

Philippine Obstacle Sports Federation

Learning Breakout Session D:

**Netball Workshop**

Philippine Netball Federation





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

**DAY 2: DECEMBER 17, 2023**  
10:30 AM - 12:15 PM

Learning Breakout Session E:  
**Educational Technology Licensing Course**  
Mr. Jholan Torres and Ms. Emelita Baylon  
De La Salle Santaiaago Zobel School

Learning Breakout Session F:  
**Innovative Teaching Practices in Teaching Motor Learning Skills**  
Ms. Rizza Joy Piccio  
De La Salle Santaiaago Zobel School

Learning Breakout Session G:  
**Dance Sports Workshop**  
Ms. Danella Publico  
The Jamilis DanceSport





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

**DAY 2: DECEMBER 17, 2023**  
1:30 PM - 3:15 PM

Learning Breakout Session A:  
**Floorball for Schools and Community Workshop**  
Coach Joshua Ben Villareal  
Philippine Floorball Association

Learning Breakout Session B:  
**Dodgeball Workshop**  
Samahang Dodgeball ng Pilipinas

Learning Breakout Session C:  
**Training Workshop on Basic Orienteering for School Teachers**  
Prof. Rhene A. Camarador, MPES  
Outdoor Adventure Education Philippines

Learning Breakout Session D:  
**Baseball5 Train the Teachers**  
Ms. Christine Medel  
Baseball5 Pilipinas





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

**DAY 2: DECEMBER 17, 2023**

1:30 PM - 3:15 PM

Learning Breakout Session E:

**Innovative Teaching Practices in Teaching Motor Learning Skills**

Ms. Rizza Joy Piccio

De La Salle Zobel

Learning Breakout Session F:

**Educational Technology Licensing Course**

Mr. Jholan Torres and Ms. Emelita Baylon

De La Salle Zobel

Learning Breakout Session G

**Kendo Workshop**

United Kendo Federation of the Philippines

**Research Paper Presentation**

3:15 PM - 5:15 PM





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

**DAY 3: DECEMBER 18, 2023**  
8:30 AM - 12:15 PM

## 2023 1PhysEd Games

Tug-O-War  
Rope Flow  
Pickleball  
Aquathlon  
Throwing  
Touch Rugby  
Aerobic Gymnastics  
Netball

Table Tennis  
Floorball  
Dodgeball  
Bandaging  
Dance Sports  
Orienteering  
Obstacle  
Baseball 5





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

**Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education**

## **CLOSING PROGRAM**

**Tribe Cheers**

**Plenary Session**

**Coach Noli Ayo**

**PSC Mindanao Coordinator**

**2023 1PhysEd.Ph Awards**

**Awards Committee**

**Oath of Commitment to 1PhysEd.Ph Community**

**Distribution of Certificates**

**Certification Committee**

**Vote of Thanks**

**Closing Remarks**





# 2023 NATIONAL PHYSICAL EDUCATION CONVENTION

Taking the Next Big Leap: Community Synergy  
for the Future of Philippine Physical Education

## LINKS

### Registration

<https://tinyurl.com/2023NPECRegistration>

### Registration Availment Options

<https://tinyurl.com/2023NPECRegOpt>

### Frequently Asked Questions (FAQs)

<https://tinyurl.com/2023NPECFAQs>

### Call for Abstracts

<https://tinyurl.com/2023npecabstsubform>